



7UP

*Good
vibes*

Ages 7 - 11

**Tuesdays, 3:45 - 5:30pm
Moor Nook Neighbourhood Centre**

**Wednesdays, 3:45 - 5:30pm
Ribbleton Neighbourhood Centre**



If you want to meet new people, play games and take part in activities to help to build your confidence and self-esteem, come and join us for 7UP! Sessions are free.

For more information call 01772 539444.