

FIRST READING

Jeremiah 20:10-13

Jeremiah said: "I hear so many disparaging me, 'Terror from every side! Denounce him! Let us denounce him!' All those who used to be my friends watched for my downfall, 'Perhaps he will be seduced into error. Then we will master him and take our revenge!' But the Lord is at my side, a mighty hero; my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs. But you, Lord of Hosts, you who probe with justice, who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you. Sing to the Lord, for he has delivered the soul of the needy from the hands of evil men.

RESPONSORIAL PSALM (68)

In your great love, answer me, O God.

1. It is for you that I suffer taunts,
that shame covers my face,
that I have become a stranger to my brothers,
an alien to my own mother's sons.
I burn with zeal for your house
and taunts against you fall on me.

2. This is my prayer to you,
my prayer for your favour.
In your great love, answer me, O God,
with your help that never fails:
Lord, answer, for your love is kind;
in your compassion, turn towards me.

3. The poor when they see it will be glad
and God-seeking hearts will revive;
for the Lord listens to the needy
and does not spurn his servants in their chains.
Let the heavens and the earth give him praise,
the sea and all its living creatures.

SECOND READING

Romans 5:12-15

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of "law-breaking", yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that diving grace, coming through the one mans, Jesus Christ, came to so many as an abundant free gift.

Alleluia, alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to become children of God. Alleluia!

GOSPEL

Matthew 10:26-33

Jesus instructed the Twelve as follows: "Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the housetops.

"Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows. "So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven."

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St Anthony of Padua

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Deacons: Rev. John Kilshaw (07759 943667)
Rev. Tom Butler (retired - 07853777957);

Sunday Masses: 6.00 (Vigil - Saturday Evening) 9.30am (Sunday Morning)
Weekday Mass: Tue, Wed, Fri: 9.15am. (Mon & Thurs 9.15am at Holy Family)
Confessions: Saturday: 5.30 - 5.50pm
Annexe: 725544 **Social Centre:** 735963 **Primary school:** 726621
Playgroup/Preschool 07963 700591

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“Do not be afraid”

FEAR is False Evidence Appearing Real

One of the gifts of Lockdown is that it has given us time to be in touch with our emotions and in the process hopefully we have dispelled the myth of the "stiff upper lip" as being a sign of strength. "We've become so used to suppressing and judging our emotional responses if things are difficult, or we try to make them last if they are happy, nice ones. By allowing what's happening inside of us, we won't reject our difficult emotions or try to force ourselves to feel something different. Whatever we resist, persists. This is actually one of the leading causes of our suffering. A deepening spiritual journey is an invitation to be grounded in our immediate experiences, allowing them to be what they are. We then learn to welcome all our emotions as valid, and as potential teachers. Our inner state of turmoil can gently settle down when we acknowledge and make room for whatever is happening.

Paula D'Arcy tells us that God comes to us disguised as our life. It has taken me a long time to start appreciating that this life, as it is, is our greatest teacher if I let go of my attempts to glamourise or improve it, and rather be open to it with an attitude of surrender and receptivity. 'The word surrender itself means to hand oneself over or entrust oneself. It is not about outer capitulation but about inner opening. It is always voluntary, and rather than an act of weakness, it is always an act of strength.' (Cynthia Bourgeault) It is an opening to the 'I Am' presence of God, to the peace that passes understanding that is holding all that is real. True peace is not smooth circumstances or permanently peaceful, calm emotions or better insurance against disasters out there, but an ability to find a stability of presence and a deeper grounding in the quiet calm, restful embrace of God. Eckhart Tolle wrote: 'Forgive yourself for not being at peace. The moment you completely accept your non-peace, your non-peace becomes transmuted into peace. Anything you accept fully will get you there, will take you into peace. This is the miracle of surrender.'

(adapted: Sharon Grussendorf. Website: <http://www.solitude.org.za> for reflections)

Twelfth Sunday in Ordinary Time

Year A 21st June 2020 Missal: p729

DIARY AND MASS INTENTIONS

for the week beginning Saturday 20th Jun 2020

Sat	Special Intention	
Sun	For our parish	<i>12th Sunday in Ordinary Time</i>
Mon	Teresa Clarkson	<i>Feast: Ss John Fisher & Thomas More</i>
Tue	Fam & friends of Mary O'Gara	<i>Feast: St. Etheldreda</i>
Wed	Rita Keane	<i>Feast: Nativity of John the Baptist</i>
Thur	Steven Green	<i>Feast: Our Lady of Fernyhagh</i>
Fri	Eric Kellett	
Sat	Ann Kathleen Corless	
Sun	For our parish	<i>St. Peter & St Paul</i>

Masses received this week:

Rita Keane, Mary & Gerard Ibison, Margaret & Bert Swarbrick, Mary Bamber, Freda Thornton.

Acknowledgement

Thank you for further donations for the Food Bank, SVP and Cafod Emergency Appeal. These donations are pushed through the door anonymously. Your generosity is tremendous.

Bishop Paul has recorded another short video message for the Diocese at this difficult time. You can access the video via the Cathedral website www.lancastercathedral.org.uk The latest video was recorded on Corpus Christi and includes Benediction and a blessing of the city and the Diocese.

Please pray for: Joan Anderton, Bill Embery, Frank Stanton, John Myerscough and Alice Myerscough, Mary Kathleen Kellett, Chris Goldsmith, Betty Murphy, Lawrence Dunnagan, Marie Gardner, Carole Adnitt, Joan Green, Frances & Les Farrer.

Also the isolated and lonely, all medical staff and carers, those in research, the Government and all world leaders, all who are assisting the public in any way.

... for those who have died recently: Teresa Clarkson, Norah Stanton, Peter Clayton,

... and for those whose anniversaries are around now: Mary Chandler. George Earnshaw, Frances Robins, Eric Kellett, Bill Donaghey, Mary McMurrrough, Steven Green, Patrick McMurrrough, Edward David Knowles, Mary Cicely Ashurst, Catherine Togher, Rita Keane, Mary-Jo Cuerden, Joyce Dobson.

Church is closed - but our parish lives!

ST. ANTHONY'S CHURCH is now open for private prayer as follows: Monday, Tuesday, Wednesday: 10.00 – 11.00am; Thursday, Friday: 5.00 – 6.00pm Saturday: 11.00 – 12.00noon. The maximum number of persons allowed in the Church at any one time is 10 including 2 Stewards.

We are very grateful to those who have volunteered to serve as stewards when church is open. If you have any signs or symptoms of Covid-19 please do not visit. Unfortunately we are not allowed to open the toilets.

HOLY FAMILY Church is now open from 10.00-12noon every Sunday for private prayer.

And another big step towards normality

From Monday Funerals can take place in church. There are restrictions about the number of people who can attend and we can only have a Funeral Service not a Funeral Mass. Nevertheless it is welcome progress.

Virtual 'Coffee Morning' The zoom Coffee Mornings continue to work well. Today's log in information is: <https://us02web.zoom.us/j/89663314927> Meeting ID: 896 6331 4927 Our meeting will show as 'St Anthony's Coffee Morning' Remember to allow Audio and Video (so we can hear and see you!) You will not be able to join until 11.00am. Thanks again to Angie for facilitating and hosting this.

Repeat notices

Preston 5km Challenge for CAFOD's Coronavirus Appeal.

Members of our parish have committed to a fundraising event: On Saturday 11th July 2020, you are invited to either walk, run, cycle or wheel 5km (3.1miles), choosing your individual routes and times. We will be taking up our challenges individually in the knowledge that we are together in spirit at one community event. Social distancing will be observed at all times. We very much hope that members of other Preston parishes will join in. Join in yourself by contacting Peter Towers using the facebook address below. JustGiving page and Facebook group: <https://www.justgiving.com/fundraising/cafodprestoncv> <https://www.facebook.com/groups/549868239250525/>

Covenant Books: The book shop at Holy Family is now open as usual: Thursdays & Fridays 10.00-4.00, Saturday 10.00-12.30.

- Fr. Peter continues to offer **Mass** on behalf of the parish every morning at 8am. If you wish Mass to be offered for any intention simply ask, either by phone or by e-mail.

- There are **Newsletters** every weekend as usual. Copies will be on St. Anthony's school website (and Holy Family website). If you would like one by e-mail send your e-mail address to parish.priest2@btinternet.com

- **Offertory Collection.** Please hold on to these unless you are suffering financially. If you want to make a standing order to the parish the parish bank details are: LRCDT St Anthony 40-27-02 81335308 please use your name as the reference. Thank you.

Apps for phones or computers:

Laudate is a free app which has the prayers and readings of Mass and lots of other prayers. Universalis has a one-off fee of £10 but can be customised for England & Wales and for the Diocese of Lancaster.

- **Mass is streamed** via the internet as follows:

9.45am St. Kentigern's Blackpool Facebook Group: Parish of Christ the King & St. Kentigern
10.00am Holy Family Freckleton: Facebook Group: St Anne Westby & Holy Family Catholic
10.00am, St. Joseph's Lancaster: Facebook Group: St Joseph's Church
10.00am St. Clare's Preston YouTube Channel: St Clares Church
10.30am St. Mary's Cleator Facebook Group: St Mary & St Joseph's Catholic parish
11.00am St. Mary's Barrow. <https://ourladyoffurness.org.uk/2020/03/29>.